

What Can You Do?

There are simple actions you can take in your everyday life to help improve air quality. Nearly all human activities produce emissions that can create air pollution. In our area emission sources include power motor vehicles, plants, landfills, quarry operations, businesses, and wood smoke from home heating.



The Monterey Bay Unified Air Pollution Control District is dedicated to protecting public health and the environment from the effects of air pollution. The car you drive, the amount of electricity you use, the way you heat your home - your choices can reduce or increase air pollution.

Inside this brochure there are 20 ways you can improve air quality and help clean the air.

- ✓ On the Road
- ✓ Around the Home
- ✓ In the Community
- ✓ At Work

Your choices can reduce air pollution.

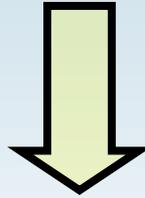
BURN CLEAN

Burn Dry Wood

Maintain Airflow

Burn Hot Fires

Recycle Yard Waste

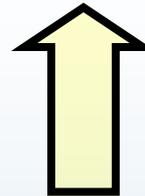


Carpool

Walk

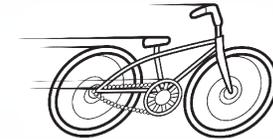
Bike

Ride the Bus



DRIVE LESS

20 Ways You Can Clean the Air



Contact us at:
24580 Silver Cloud Court
Monterey, CA 93940
Phone: (831) 647-9411

www.montereybaycleanair.org

The Mission of the Monterey Bay Unified Air Pollution Control District is to Protect Public and Environmental Health while Balancing Economic and Air Quality Considerations.

On the Road

In our area, about half the air pollution comes from cars and trucks. Fewer trips in your car or truck can help improve air quality. Even how you drive can reduce your car's emissions.

Actions you can take:

- 1** Drive less.
- 2** Walk when possible.
- 3** Take the bus.
- 4** Accelerate *gradually* and obey the speed limit.
- 5** Keep your vehicle tires properly inflated.
- 6** Condense errands into one trip.



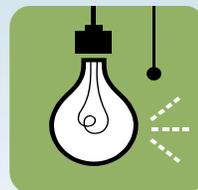
- 7** Ride a bike.

Around the Home

Reducing energy consumption at home and choosing sustainable products can help contribute to cleaner air.

Actions you can take:

- 8** Turn off the lights when you leave a room.
- 9** Wash laundry in **cold water** and line dry.
- 10** Use an electric or push lawn mower.
- 11** Use water-based cleaning products.
- 12** Recycle paper, plastic, glass and yard waste.
- 13** Do not use your fireplace or wood stove on unhealthy air days.
- 14** Instead of using a wood stove or fire place to heat your home, use a natural gas or propane insert or pellet stove.



In the Community

Choosing local products in your community and reducing consumption at work can help contribute to cleaner air.

Actions you can take:



- 15** Buy local products and shop at local farmers markets.
- 16** Use reusable bags and keep them in your car for easy access.
- 17** Let your elected representative know you support clean air programs.



At Work

- 18** Ridesharing, carpooling or vanpooling all reduce vehicle emissions and traffic congestion.
- 19** Print and photocopy on both sides of paper.
- 20** Consider alternative and flex schedules or telecommuting.